

CHILD AND ADOLESCENT MENTAL HEALTH SERVICES UPDATE

Relevant Board Member(s)	Dr Ian Goodman Councillor Philip Corthorne
Organisation	Hillingdon CCG London Borough of Hillingdon
Report author	Elaine Woodward HCCG
Papers with report	Appendix 1 – CAMHS Local Transformation Plan, Implementation Plan, dated 3 rd March 2016

1. HEADLINE INFORMATION

Summary	The report sets out progress in implementing the 2015/6 Child and Adolescent Mental Health Services (CAMHS) Local Transformation Plan, as submitted to NHS England on behalf of the Board on 16th October 2015. The report also raises the issues in respect of funding for 2016/7 and beyond, given that from April 2016 funding for the remaining 4 year will no longer be provided by NHSE as new funding.
Contribution to plans and strategies	Hillingdon's Health and Wellbeing Strategy 2015
Financial Cost	<p>NHS England identified additional funding of £524,623 for 2015/6 provided to HCCG from December 2015 on receipt of a Local Transformation Plan. The funding was for the development of a Community Eating Disorders Service (£149,760) and Service Transformation (£374,863). NHSE confirmed that the 2015/6 plan met the requirements to release the funding.</p> <p>From April 2016 CAMHS funding for the remaining 4 years will no longer be provided by NHSE ie this is not new funding but part of CCG baselines (non-ring fenced). Whilst this will enable health and care economies to continue to work together to make CAMHS sustainable in the long term, it is clear that this spend will not replace existing funding commitments from partners. NHSE will continue to monitor the implementation of the LTP, which will form part of the CCG assurance process for CCGs. Clarification is also being sought from NHSE on use of underspends that have been committed as part of the 15/16 plan.</p>
Ward(s) affected	All

2. RECOMMENDATION

That the Health and Wellbeing Board:

- 1. Notes the progress against the implementation of the agreed 2015/6 Local Transformation Plan.**
- 2. Continues to request regular performance updates against the partnership plan over its remaining 4 years , including detail of metrics, such as reducing waiting times, training of the workforce and of financial spend against workstreams to enable it to monitor progress and risks.**
- 3. Notes proposals for further developing the plan from 2016/17 and for the next four years in light of progress and changes to funding streams. The 16/17 plan will be approved by HCCG and by Health and Wellbeing Board and submitted as part of the Sustainability and Transformation Plan in June 2016.**

3. INFORMATION

Background

The Board has been made aware (November 2015) that the Government had initially announced additional funding for 5 years to enable the Transformation of CAMHS with the outcome of this to include that, by 2020 an additional 100,000 children and young people nationally will receive treatment. To receive this additional funding in 2015/6 a Local Transformation Plan was developed and a draft presented to the 22 September Board, with final sign off agreed by the Chairman of the Hillingdon Health & Wellbeing Board, the Chairman of Healthwatch Hillingdon and the Chairman of the Hillingdon CCG Governing Body. The Plan was submitted to NHSE on the 16th October 2015 and in December NHSE confirmed that the 2015/6 plan has been successful.

A Hillingdon Joint Children and Young Persons Emotional Health & Wellbeing Steering Group, chaired by the CCG Clinical Lead for Children and attended by senior representatives from the CCG, London Borough of Hillingdon, Hillingdon Healthwatch, Schools, Hillingdon Parents Forum and Hillingdon MIND has been established.

This Steering Group is responsible the implementation, performance and programme management of the Local Transformation Plan. The CAMHS Local Transformation Plan is also reported to HCCG GB and the Hillingdon Mental Health Transformation Board.

The 2016/7 LTP will be developed by the April Hillingdon Joint Children and Young Persons Emotional Health & Wellbeing Steering Group for consideration by the Board at its next meeting.

Implementation and Progress

Appendix 1 sets out the updated 2015/6 LTP Implementation Plan for the agreed priorities:

1. Developing Outcomes based services
2. Ensuring the service pathways are communicated to the children, young people and families and Children's workforce in Hillingdon
3. Reducing the waiting times for tier 3 CAMH Service

4. Development of Self Harm, Crisis and Intensive support service
5. Development of comprehensive LD service for children with mental health, and challenging behaviour
6. Development of a Community Eating Disorder service
7. Understanding the role of Schools/College in emotional well-being and commissioning services such as counselling
8. Development of primary /Early Help/wellbeing services
9. Development of MH training for the Children's workforce
10. Introducing co-production

Good progress has been made in agreeing service specifications and recruiting staff for new services in:

- Self harm, crisis and intensive support service
- Community Eating Disorder service, and
- Learning disability specialist community support

These workstreams are moving towards implementation now that NHSE approval has been confirmed.

The Implementation Plan has been annotated to provide performance updates and RAG rated against established baselines and action required.

The 2015/6 funding has been spent as follows (as the funding was not made available, from NHSE, until December 2015 the allocation has not all been spent)

Priority from 2015/6 LTP	What	Cost
Reducing the waiting times for tier 3 CAMH Service	Additional interim staffing for CNWL Additional funding to LINK Counselling	£100k £10k
Development of Self Harm, Crisis and Intensive support service	Staff recruitment by CNWL	£50k
Development of comprehensive LD service for children with mental health, and challenging behaviour	Staff recruitment by CNWL	£50k
Development of a Community Eating Disorder service	Staff recruitment by CNWL	£149,760
Training Needs Analysis	DASH	£4,950
Training	MHFA	£10,000
Co-Production	Event at Brunel University	£4,320
TOTAL		£379,030
Underspend		£145,593

Risk Management

Whilst the plan demonstrates commitment from across partners to utilise the new investment available from NHSE in 15/16, to design new services, reduce waiting times and to improve early intervention and prevention, the complicated nature of CAMHS provision means that there remain inherent risks to the success of delivery. A risk register is being developed to assist the project and programme management but the key overall risks identified are:

Risk	Mitigating action
<p>Waiting times for tier 3 treatment meets the target for emergency and urgent interventions. Achieving 18 week wait for routine referrals has not been met, but has improved from 66% to 73.9% at month 11.</p> <p>The number of incidents of self harm continues to increase.</p>	<p>Additional funding has been made available in 15/16 to CNWL to increase the workforce and to increase the capacity of the service by the development of new specialist teams- Out of Hours; self harm/crisis/intensive support/LD and challenging behaviour. These teams will significantly increase the capacity of the service. Additional short term funding was also made available to LINK counselling to enable them to support those on the waiting list for Tier 3.</p>
<p>There are a significant number of referrals to tier 3 CAMHS which do not meet the criteria/threshold for treatment. The impact of this is that staff have to spend time redirecting referrers and those children, young people and their families will have met with delays to their treatment as alternative provision is sought.</p> <p>When presented with a CYP who has emotional issues, referrers have limited options of where to refer as there is insufficient provision at Tiers 1 and 2. Link counselling for example only works with those aged 13+</p>	<ul style="list-style-type: none"> - Development of an improved communication strategy - A Training Needs Analysis has been completed, which has informed the development of a training programme for the children's workforce, in 2016/7 - There are plans to develop an early help/wellbeing service.

<p>Lack of buy-in or support from Schools on role in emotional wellbeing</p>	<ul style="list-style-type: none"> - In February a meeting of Primary and Secondary Heads took place, with 50% attendance to commence active discussions with schools forum, offering training and support to recognise and develop services. - The lead for Primary and Secondary Heads has joined the Board - Mapping of services has commenced, with an all school event arranged for 23rd March; this will enable direct contact where gaps are identified.
<p>Funding for the remaining 4 years for CAMHS is no longer available from the NHSE as new ring fenced funding.</p> <p>Funding for the remaining 4 years for Eating Disorders is available from the NHSE as new funding.</p>	<ul style="list-style-type: none"> - Arrangements for use of underspend against commitments in the 15/16 plan to be confirmed with NHSE. - Resource implications for 16/17 to be developed as part of the 16/17 plan for submission in June 2016.

Investment into Hillingdon CAMHS

The Board has previously sought more detail on the levels of expenditure attached to existing services to enable it to see new investment in context and understand the service pressures better. The plan identifies current investment specifically in relation to these areas as:

<p>Hillingdon CCG</p> <p>Total investment by HCCG for CAMHS is £2,079k.</p> <p>In 2015/6 the contract has seen a recurrent increase of £329K, plus a further £121K invested in schemes to improve access on a non-recurrent basis.</p> <p>22% of the increased MH spend of £2million in 15/16 relates to CAMHS.</p> <p>NHSE LTP funding of £524,623 for 2015/6 from December 2015.</p>	<p>NHSE</p> <p>The budget for CAMHS inpatient care in Hillingdon is £338.8K</p>	<p>Hillingdon Council:</p> <p>CAMHS for LAC (Tier 3) £397k</p> <p>Link (Tier 2) £83.4k</p> <p>Counselling service for those aged 13-25 £83.4k</p> <p>Total £480.4k</p> <p>Also</p> <p>Sorted Substance Misuse service £69.8k</p> <p>Kiss Sexual Health service £117.5k</p>
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In addition there are a number of counselling services available for Children & Young People funded from the Big Lottery and school counselling services funded by the Pupil Premium.

4. EFFECT ON RESIDENTS, SERVICE USERS & COMMUNITIES

What will be the effect of the recommendation?

The transformation of children and young people's emotional wellbeing and mental health services will enable more young people to access evidence based mental health services, which meets their needs. For the wider population of Hillingdon children and young people will develop skills which will improve their emotional health and wellbeing and develop skills to improve their emotional resilience.

Consultation Carried Out or Required

The report is based on CAMHS Strategy 2013 which is the outcome of consultation undertaken jointly by HCCG and Hillingdon Council. It is also based on the Future in Minds report, Healthwatch Hillingdon's 'Seen & Heard' report and the CAMHS Joint Strategic Needs Assessment 2015.

Policy Overview Committee comments

None at this stage.

5. CORPORATE IMPLICATIONS

Hillingdon Council Corporate Finance comments

This report outlines use of £524, 623 funding for 15/16 to transform emotional wellbeing and mental health services for children and young people in the borough.

Hillingdon Council Legal comments

None.

6. BACKGROUND PAPERS

NIL.